



# راهنما ی بازار ۲۰۲۴

در ویرجینیا *SENIOR FARMERS*  
*MARKET NUTRITION*  
*PROGRAM*

تحت حمایت مالی سازمان خدمات  
سالمندی و توانبخشی ویرجینیا و اداره  
شده توسط *FRESHFARM*

[www.freshfarm.org/virginia-senior-fmnp](http://www.freshfarm.org/virginia-senior-fmnp)

# شیوه استفاده از کوپن های سالمندی

**موارد مصرف:** خرید میوه و سبزیجات تازه و  
یا خرد شده

**زمان مصرف:** از اول ماه ژوئن تا ۱۷ ماه نوامبر  
۲۰۲۴

**نحوه ی استفاده:** کوپن های خود را مثل چک  
مستقیما در دکه های واجد شرایط در بازار  
کشاورزان خرج کنید. فروشندگان واجد شرایط  
شامل پوستری به رنگ کرم و با پیام  
Authorized Farmer هستند.

We proudly participate in



**Farm Market Fresh**

Senior & WIC Farmers' Market Nutrition Program (S/FMNP)

for Older Adults and WIC Families

*Farm Market Fresh – S/FMNP checks accepted here!*

نیاز به کمک دارید؟ به وبسایت

[www.freshfarm.org/virginia-senior-fmnp](http://www.freshfarm.org/virginia-senior-fmnp)

مراجعه کنید و یا با یکی از نماینده های ما از طریق

[va-senior@ffm.org](mailto:va-senior@ffm.org)، ارسال ایمیل به آدرس

پیامک به شماره ی 8334124863 و یا تماس

مستقیم با شماره ی 8558273667 صحبت کنید.

آیا می دانستید؟ برخی از بازارهای کشاورزان برای

تشویق خریداران در استفاده از کوپن های

سالمندی، تطبیق دلار در برابر دلار (تا حداکثر معین

به ازای هر خانوار در روز) ارائه می دهند. طی دیدار

از بازار کشاورزان به چادر اطلاعاتی این بازارها

مراجعه کرده و از کارمندان درباره ی در دسترس

بودن برنامه ی تطبیق سالمندی FMNP پرسید.



# Fairfax County

## Annandale Farmers Market

6621 Columbia Pike  
Annandale, VA 22003

Thursdays, 8 AM - 12 PM  
May - Nov.

[www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets)

### Authorized Farmers:

F J Medina Farm  
J&W Valley View Farm

 Public Parking

 Metrobus 16a, Metrobus 26a

## Kingstowne Farmers Market

5844-5862 Kingstowne Center  
Alexandria, VA, 22315

Fridays, 3 PM - 7 PM  
May - Oct.

[www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets)

### Authorized Farmers:

Hillcrest Farms

 Public Parking

 Fairfax Connector Route 322

 Van Dorn Street Metrorail Station (2.3 mi)

## Burke Farmers Market

5671 Roberts Parkway  
Burke, VA, 22015

Saturdays, 8 AM - 12 PM  
Apr. - Dec.

[www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets)

### Authorized Farmers:

Pleitez Produce  
Little Green Farm  
Westmoreland Produce

 Public Parking

 Metrobus 17b, Fairfax Connector Route 495

 VRE—Burke Center Station (Onsite)

## FRESHFARM Mosaic Farmers Market

2910 District Ave  
Fairfax, VA 22031

Sundays, 9 AM - 2 PM  
Jan. - Dec.

[www.freshfarm.org/markets/mosaic](http://www.freshfarm.org/markets/mosaic)

### Authorized Farmers:

Barajas Produce  
J & W Valley View Farm  
Pleitez Produce  
Ovoka Farm

 Public Parking

 Fairfax Connector Route 467

 Dunn Loring-Merrifield Metrorail Sta. (0.8 mi)

# Fairfax County (cont.)

## Falls Church Farmers Market

300 Park Avenue  
Falls Church, VA 22046

Saturdays, 8 AM - 12 PM  
Jan. - Dec.

[www.fallschurchva.gov/FarmersMarket](http://www.fallschurchva.gov/FarmersMarket)

### Authorized Farmers:

Area 2 Farms  
J & W Valley View Farm  
Marco's Produce  
Potomac Vegetable Farm

 Public Parking

 Metrobus 28a

 E. Falls Church Metrorail Station (1.1 mi)

## Lorton Farmers Market

8994 Lorton Station Boulevard  
Lorton, VA 22079

Sundays, 9 AM - 1 PM  
May - Nov.

[www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets)

### Authorized Farmers:

Little Green Farm  
Linda Vista Farm  
Ochoa Produce

 Public Parking

 Fairfax Connector Route 305 and 494

 VRE—Lorton Station (Onsite)

## Herndon Farmers Market

765 Lynn Street  
Herndon, VA 20170

Thursdays, 8 AM - 12 PM  
May - Nov.

[www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets)

### Authorized Farmers:

J & W Valley View Farm

 Public Parking

 W&OD Trail

 Herndon Metrorail Station (1.5 miles)

## McLean Farmers Market

1659 Chain Bridge Road  
McLean, VA 22101

Fridays, 8 AM - 12 PM  
May - Nov.

[www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets)

### Authorized Farmers:

F J Medina Farm  
Westmoreland Produce

 Public Parking

 Fairfax Connector Route 721

 McLean Metrorail Station (1.3 mi)

# Fairfax County (cont.)

## Mt Vernon/McCutcheon Farmers Market

2501 Sherwood Hall Lane,  
Alexandria, VA, 22306

Wednesdays, 8 AM - 12 PM  
Apr. - Dec.

[www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets)

### Authorized Farmers:

Ochoa Produce  
Linda Vista Farms

 Public Parking

 Fairfax Connector Route 152

## FRESHFARM Reston Farmers Market

11900 Lawyers Road  
Reston, VA 20191

Wednesdays, 3 PM - 7 PM  
Jan. - Dec.

[www.freshfarm.org/markets/reston](http://www.freshfarm.org/markets/reston)

### Authorized Farmers:

Hill Crest Farm

 Public Parking

 Fairfax Connector Route 557

 Reston Town Center Metrorail Station (3.0 mi)

## Oakmont Farmers Market

3200 Jermantown Road  
Oakton, VA 22124

Wednesdays, 8 AM - 12 PM  
May - Nov.

[www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets)

### Authorized Farmers:

J & W Valley View Farm

 Public Parking

 Metrobus 2b

 Vienna Metrorail Station (2.7 mi)

## Reston Farmers Market

1609 Washington Plaza N  
Reston, VA 20190

Saturdays, 8 AM - 12 PM  
Apr. - Dec.

[www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets)

### Authorized Farmers:

J & W Valley View Farm

Potomac Vegetable Farms

 Public Parking

 Fairfax Connector Route 552 and 574 and RIBS1

 Reston Town Center Metrorail Station (2.1 mi)

# Fairfax County (cont.)

## Vienna Farmers Market

Vienna Community Center, Park Ave  
& Cherry St, Vienna VA 22180

Saturdays, 8 AM - 12 PM  
May - Oct.

[optimistclubofgreatervienna.org/events/event1.asp](http://optimistclubofgreatervienna.org/events/event1.asp)

### **Authorized Farmers:**

J & W Valley View Farm  
Westmoreland Produce

 Public Parking

 Fairfax Connector Route 461 and 467

 Vienna Metrorail Station (2.6 mi)

## Wakefield Farmers Market

Audrey Moore Rec Center, 8100  
Braddock Road, Annandale, VA 22003

Wednesdays, 2 PM - 6 PM  
May - Oct.

[www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets)

### **Authorized Farmers:**

Fireside Farm  
F J Medina Farm  
Linda Vista Comment end

 Public Parking

# Loudoun County

## Ashbrook Farmers Market

44505 Atwater Drive  
Ashburn, VA 20147

Saturdays, 9 AM - 1 PM  
Jan. - Dec.

[www.eatloco.org](http://www.eatloco.org)

### **Authorized Farmers:**

Gathering Springs Farm  
Ovoka Farm  
Westmoreland Produce

 Public Parking

## Cascades Farmers Market

21060 Whitfield Place  
Sterling, VA 20165

Sundays, 9 AM - 12 PM  
Apr. - Oct.

[www.loudounfarmersmarkets.org/cascades](http://www.loudounfarmersmarkets.org/cascades)

### **Authorized Farmers:**

J & W Valley View Farm  
Leslie's Garden  
Pleitez Produce  
Westmoreland Produce

 Public Parking

# Loudoun County (cont.)

## Leesburg Farmers Market

30 Catoctin Circle SE  
Leesburg, VA 20175

Saturdays, 8 AM - 12 PM  
Jan. - Dec.

[www.loudounfarmersmarkets.org/leesburg-saturday](http://www.loudounfarmersmarkets.org/leesburg-saturday)

### **Authorized Farmers:**

Fireside Farm  
Pleitez Produce  
Westmoreland Produce

 Public Parking

 Leesburg Fixed Routes and Safe-T-Ride 55, 56, 57

## Farmers Market at Wheatland Spring

38506 John Wolford Road  
Waterford, VA 20197

Saturdays, 11 AM - 1 PM  
Apr. - Oct.

[www.wheatlandspring.com/farmers-market](http://www.wheatlandspring.com/farmers-market)

### **Authorized Farmers:**

F J Medina Farm  
Linda Vista Farm

 Public Parking

## Wellness Connection Farmers Market

24440 Stone Springs Blvd  
Dulles, VA 20166

Saturdays, 9 AM - 12 PM  
Apr. - Nov.

[wellnessconnectionllc.com/farmers-market/](http://wellnessconnectionllc.com/farmers-market/)

### **Authorized Farmers:**

Linda Vista Farm

 Public Parking

 Loudoun County Transit Route 382 Stone Ridge

# اطلاعات بیشتر

برای کسب اطلاعات بیشتر درباره ی  
Senior Farmers Market Nutrition  
Program در ویرجینیا و در شهرستان های  
Fairfax و Loudoun به وبسایت زیر  
مراجعه کنید:

[www.freshfarm.org/virginia-senior-fmnp](http://www.freshfarm.org/virginia-senior-fmnp)

If you have questions, you may email  
va-senior@ffm.org or text 1-833-412-  
4863.

## نکات مفید

کوپن های سالمندی را می توان برای خرید  
از هر کشاورز شرکت کننده در این برنامه  
در تمامی بازارهای کشاورزی در سراسر  
ویرجینیا و مستقل از محل زندگی و یا  
محل اقدام برای این برنامه استفاده کرد.

برای پیدا کردن بازارهای کشاورزی در  
ویرجینیا به وبسایت زیر مراجعه کنید:  
[vafma.org/virginia-markets](http://vafma.org/virginia-markets)

