

YOGURT WITH PEACHES NECTARINES & HONEY

INGREDIENTS

1 fresh peach, rinsed, pitted,
chopped

1 fresh nectarine, rinsed, pitted,
and chopped

2 cups of plain, whole milk,
organic yogurt

honey or maple syrup

METHOD

Spoon yogurt into a bowl, top with fresh peaches and nectarines. Drizzle with honey or maple syrup.