

BASIL PESTO

INGREDIENTS

¼ cup toasted pumpkin seeds,
walnuts or pine nuts

3 cups fresh basil leaves

½ cup olive oil

2 cloves garlic, lightly crushed
with a heavy knife handle and
peeled

½ cup freshly grated Parmesan
cheese or Romano pecorino
cheese

salt to taste

METHOD

Toast the nuts or seeds until they smell delicious. (You can do this on a cookie sheet in the oven, in your toaster oven, or in a pan on the stove over low heat, stirring regularly.)

Put all the ingredients in your food processor and grind until it turns into a smooth paste. Taste and add more cheese or oil or nuts or garlic until it seems right to you.